

TALK STAGE PROGRAMME

HOSTED BY: MELANIE LYNN (MRPharmS, PgDip GPP, PgCert PIP)

TIME	SESSION	SPEAKERS	DETAILS
10:30 - 10:50	Opening Calm Session	Dahni McNicholls (Reiki Master)	An opening focus on establishing a calm state. Includes directions to the Reiki Marquee all day sessions.
11:00 - 11:40	Gut Health & Mood	Marion Colledge (Nutritionist & Herbalist)	Exploring the link between gut health and mood.
11:50 - 12:30	Healthy Owner, Healthy Dog	Sioni Mavani-Puri (Psychotherapist & Animal Wellness Practitioner)	Discover the connection between owner wellbeing and dog behaviour. Combining psychology, neuroscience and practical demonstrations. This session explores how emotional regulation and communication can help create calmer, more responsive dogs.
12:40 - 1:15	Panel: Layers of Holistic Care	Marion Colledge, Sioni Mavani-Puri, Samuele Giovinazzo (Certified Holistic Pet Health Coach)	Explore the interconnected layers of canine wellbeing with our expert panel. From nutrition and psychology to holistic lifestyle, discover how these vital pillars work together to help your dog truly thrive.
1:15 - 2:00	The Social Vibe: Refuel & Connect	Open Session	Enjoy our wellbeing experiences and soak up the atmosphere. A perfect time to chat with fellow dog lovers and visit the wellbeing zones before our headline session.
2:00 - 2:45	HEADLINE SESSION: The Anxious Dog	Adem Fehmi (Behaviourist & Trainer)	Understand the root of your dog's fear and how to build their confidence. Practical, compassionate strategies for managing anxiety and lowering stress.
3:00 - 3:25	OUTDOOR DEMO: Are You Using Your Toy Box Correctly?	Adem Fehmi	Stop just 'playing' and start engaging. Learn how to transform your dog's toy box into a powerful tool for focus, reward, and building a stronger bond.
3:35 - 4:00	Enrichment & Exercise: The Missing Piece	Adem Fehmi	Move beyond the walk and discover the power of mental enrichment. Learn how to combine brain games with physical exercise for a calmer, more satisfied dog.
4:10 - 4:40	Live Q&A: Ask The Expert	Adem Fehmi	Direct access
4:50 - 5:20	Eating for Energy / Ageing Well	Marion Colledge	Discover how the right nutrients can transform your dog's energy levels and longevity. Marion shares expert tips on using food as preventative care to help your dog age with grace and strength.
5:30 - 6:00	Closing Conversation: Healthy Owner, Healthy Dog - How We Thrive Together	Marion Colledge, Samuele Giovinazzo	Bringing it all together. A closing look at how nutrition, mindset, and connection create a vibrant, shared life for you and your dog.

SCAN FOR DETAILS



Seats are allocated on a first-come, first-served basis. Please arrive 5–10 minutes before your chosen session to get settled and ensure a prompt start for our speakers.

SCAN TO BOOK

